

Kinder Orientation 2023

Reading And Writing Expectations:

- Recognize his/her written name and write it independently
- Can draw a picture and talk about what is happening
- Can hold a pencil correctly
- Can hold a book correctly
- Write some letters with correct formation (top to bottom)
- Identify some capital and lowercase letters
- Write name with one capital letter and the rest lowercase letters

Math Expectations:

- Recognize basic colors and shapes
- Count orally with objects to 10
- Count a group of objects and identify how many
- Sort similar objects by color, size, or shape.
- Recognize some numbers 0-10 and write some numbers with correct formation (top to bottom)

Ways To Prepare Your Child With

Fine Motor Skills:

- Have your child practice cutting with scissors (cut straight, curvy, and zig-zag lines)
- Use glue sticks correctly
- Have your child snap, zip, and button his/her own clothes independently (put on their own jackets)
- Have your child use crayons or markers to color (both lightly and firmly)
- Pick up tiny beans, buttons, cereal pieces, etc. with two fingers

Social And Behavioral Skills:

- Sit with legs crossed and eyes focused on the teacher
- Sit and listen to a story for 15 minutes
- Speak in complete sentences
- Interact well with other children (vs parallel play)
- Listen and share ideas with teacher/peers during lessons
- Use bathroom independently

Growth Mindset

"I can change my MINDSET with my WORDS!"

<u>Instead of:</u>	<u>I can say:</u>
1. I am not good at this.	1. I am not good at this YET, but I can keep trying.
2. This is too hard.	2. This will take some effort, but I can do it.
3. This is too easy.	3. How can we make this more challenging?
4. I might make a mistake.	4. When I make mistakes, I can learn and get better.
5. I can't do this.	5. I can ask for help.
6. I am great at this.	6. I practiced hard and learned how to do this.
7. I give up.	7. I will keep on trying and think about a new strategy.

Parent Support

- Help your child wake up, eat a healthy breakfast
- Make sure to drop off your child at your child's classroom door between 7:45-7:55 am
- Have some supplies ready at home (paper, pencil, crayons, scissors, glue stick, etc.)
- Review and monitor your child's work
- Read books daily to/with your child
- Use a growth a mind set with talking about school experiences

Ways To Play and Learn at Home

- Match uppercase and lowercase letters
- Put letters in ABC order, put numbers in order
- Play card games (go fish, memory, Crazy 8, etc.)
- Play board games (Candyland, Chutes and Ladders, Dominos, Yahtzee, Guess Who, Sorry)
- Let your child lose some games
- Practice the number poems for each number
- Try skipping, hopping, sliding, jumping with a rope, dribbling/bouncing/catching a ball
- Riding a bike/scooter/roller skating
- Read, Read, Read